

EDEN RECREATION'S

MINDFUL COLORING CONTEST

Coloring isn't just for kids. Mindfulness coloring allows us to switch off extraneous thoughts and focus on the moment.

Contest Rules:

1. Pick one of the three pictures. (Novice, Intermediate or Challenge) – copies are available outside the Town Clerk's Office, on the Eden Recreation Website or in the ECSD Virtual Backpack.
2. Fill out the information on the back of the coloring sheet with name, age group, etc....
3. Color your picture with as many medias (ex. crayons, watercolors, glitter glue, etc..) as you would like
4. Submit your picture with information filled in by Friday, Nov. 20, 2020 to Eden Town Hall located at 2795 E. Church St. Eden, NY 14057. If mailing please be sure to give enough time to be received by Nov. 20th.
5. Prizes will be awarded in each age group (Only one entry per person)

Great family activity – everyone can color